



Objectives:

To prepare candidate knowledge and skill:

- ✓ Understand the cause of fire and its repercussion
- ✓ Identify two-way escape route
- ✓ Identify workplace fire hazard and eliminate it
- ✓ Knowledge and skill on operating portable fire extinguisher

Who should attend?

Fire warden, fire safety committee and individuals who need to ensure workplace are safe from fire incident.

Course Content & Highlight:

Module 1: Fire Science

- ✚ Triangle of Fire
- ✚ Classes of Fire
- ✚ Fire Spread





Module 2: Fire Protection System in the Building

- ✚ Sprinkle
- ✚ Fire Alarm Panel
- ✚ Fire Pump






Module 3: Emergency Procedure in the Building

- ✚ Discover the Fire
- ✚ Escape Plan
- ✚ Evacuation Procedures
- ✚ Assembly Point

Module 4: Workplace Fire Risk Measure

-  Recognise Fire Hazard
-  Eliminate Fire Hazard
-  Good House Keeping
-  Group Discussion

Module 5: Extinguishing Media

-  Water, Sand etc
-  Fire Extinguisher
-  Method of Using Fire Extinguisher
-  Safety Precaution
-  Discussion

Practical Session

-  Hand on Training on Portable Fire Extinguisher
-  Debrief