FORMATIONS TRAINING RESOURCES SDN BHD (202301023943 (1517866-U))

Address: 8-1, Jalan Damai Utama 3, Taman Damai Utama, 47180 Puchong, Selangor General Line: 03-8082 5340 / 017-368 0890 Support Line: 012-359 1975 Email: general@formationshrd.com Website: www.formationshrd.com



Objectives:

To prepare candidate knowledge and skill:

- \checkmark Understand the cause of fire and it repercussion
- ✓ Identify two-way escape route
- ✓ Identify workplace fire hazard and eliminate it
- \checkmark Knowledge and skill on operating portable fire extinguisher

Who should attend?

Fire warden, fire safety committee and individuals who need to ensure workplace are safe from fire incident.

Course Content & Highlight:

Module 1: Fire Science

- 👃 🛛 Triangle of Fire
- Classes of Fire
- Fire Spread

Module 2: Fire Protection System in the Building

- Sprinkle
- 🔸 🛛 Fire Alarm Panel
- **4** Fire Pump

Module 3: Emergency Procedure in the Building

- 🕹 🔹 Discover the Fire
- 👃 🛛 Escape Plan
- Evacuation Procedures
- 👃 🔹 Assembly Point



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Module 4: Workplace Fire Risk Measure

- **4** Recognise Fire Hazard
- Eliminate Fire Hazard
- **4** Good House Keeping
- **Group** Discussion

Module 5: Extinguishing Media

- Water, Sand etc
- 🕹 🛛 Fire Extinguisher
- **4** Method of Using Fire Extinguisher
- Safety Precaution
- Discussion

Practical Session

- Hand on Training on Portable Fire Extinguisher
- 🕹 Debrief

